



What to bring? (To a Special Needs Shelter)

DO Bring:

- ♀ A list of your current medications and at least a 3 day supply of the medications
- ♀ Documentation of specific medical information
- ♀ Medical equipment
 - ❖ Oxygen supplies
 - ❖ Nebulizers
 - ❖ Canes/Wheelchairs
 - ❖ Diabetes equipment
 - ◆ Glucose meter/strips
 - ◆ Insulin/syringes
 - ◆ Other insulin supplies
- ♀ Non-perishable dietary items
 - ❖ Special dietary foods if required
- ♀ Electronic equipment
 - ❖ Flashlight
 - ❖ Radio
 - ❖ Extra batteries
 - ❖ Cell phone
- ♀ Personal Care
 - ❖ Clothing
 - ◆ Undergarments
 - ◆ Socks
 - ◆ Shoes (durable)
- ♀ Personal hygiene items
 - ◆ Soap/shampoo
 - ◆ Deodorant
 - ◆ Toothpaste/toothbrush
- ◆ Brush/comb
- ◆ Wash cloth
- ◆ Towel
- ♀ Sleeping lounging equipment
 - ❖ Cot
 - ❖ Air mattress
 - ❖ Lawn/lounge chair
 - ❖ Sleeping bag
 - ❖ Pillow
 - ❖ Blanket
 - ❖ Sheet
- ♀ Important papers
- ♀ I.D. with current address
- ♀ Entertainment items
 - ❖ Books
 - ❖ Magazines
 - ❖ Toys
 - ❖ Cards
 - ❖ Games
- ♀ Infant care items
 - ❖ Formula
 - ❖ Food
 - ❖ Diapers
- ♀ First-aid kit
- ♀ Personal equipment
 - ❖ Eyeglasses
 - ❖ Hearing aids
 - ❖ Dentures

DON'T Bring

- ♀ Pets
- ♀ Firearms
- ♀ Alcoholic Beverages
- ♀ Perishable Food Items